



Hockey training slide board

Hockey training slide board is designed for hockey players or other skaters to train your muscles by side to side motion, helps you improve your mobility, strength and agility. The pad is made of self-lubricating polyethylene with two adjustable bumpers to match different length.

Features

- Customized size available
- > UV Protected for outdoor use
- Low impact training
- > self-lubricating material
- > 3 kind of adjustable length



Size table

Popular	Popular	Thickness
Dimensions W*L(in)	Dimensions W*L(mm)	Inch (mm)
20" *48"	500*1200	
20" *60"	500*1500	
20" *72"	500*1800	1/8" (3mm)
22" *72"	550*1800	3/16" (5mm)
22" *96"	550*2400	1/4" (6mm)
24" *96"	600*2400	
24" *120"	600*3000	
All the dimensions can be customized		